




RUN COURSE

Ellacoya, Start
 Right on Scenic Drive
 Sprint Turn-Around on Scenic Dr)
 Right on Belknap Point Rd
 Right on Glendale Place
 Right on 11 (Breakdown Lane)

Right on Varney
 Right on Wildwood
 Left on Dow
 Turnaround on Dow
 Right on Wildwood
 Return/Loop to Ellacoya


IRONMAN
Little Wampscott
New Hampshire
70.3
2 LOOPS

Ellacoya
 State Park

Scenic Drive

ROUTE 11

SPRINT
 TURN-AROUND

Belknap Point Rd

Glendale Pl

Wildwood

Dow

Casey

Varney Point Rd

ROUTE 11